

Handout 1.5: A Checklist of Class/School Study Skills

Student Name: _____

Rate yourself on the following statements according to the scale:

1 – I need help 2 – rarely 3 – sometimes 4 – mostly 5 – always

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|---|---|---|---|---|---|
| 1. Do you attend your classes most days? | 1 | 2 | 3 | 4 | 5 |
| 2. Do you arrive at each class on time? | 1 | 2 | 3 | 4 | 5 |
| 3. Do you have your pen, texts, supplies, and notebooks with you for each class? | 1 | 2 | 3 | 4 | 5 |
| 4. Do you have the right books open when the teacher is ready to begin the lesson? | 1 | 2 | 3 | 4 | 5 |
| 5. Do you have assigned work completed fully and prepared for each class? | 1 | 2 | 3 | 4 | 5 |
| 6. Do you volunteer to answer questions without being called upon? | 1 | 2 | 3 | 4 | 5 |
| 7. Do you ask questions during or after class to help you understand the lessons? | 1 | 2 | 3 | 4 | 5 |
| 8. Do you take an active part in class discussions without speaking out of turn? | 1 | 2 | 3 | 4 | 5 |
| 9. Do you listen carefully when other students ask or answer questions? | 1 | 2 | 3 | 4 | 5 |
| 10. Do you avoid distracting your classmates and teachers? | 1 | 2 | 3 | 4 | 5 |
| 11. Do you make notes based upon the teacher's chalkboard or overhead projector outline. | 1 | 2 | 3 | 4 | 5 |
| 12. Do you correct your work when answers to assignments and tests are discussed in class? | 1 | 2 | 3 | 4 | 5 |
| 13. Do you record homework, projects, and test dates in your school agenda each day? | 1 | 2 | 3 | 4 | 5 |
| 14. Do you get started on your homework assignments if the teacher allows you a few minutes at the end of the class to do so? | 1 | 2 | 3 | 4 | 5 |
| 15. Do you use a dictionary or thesaurus, electronic or print, as the need arises? | 1 | 2 | 3 | 4 | 5 |
| 16. Do you prepare for tests and exams? | 1 | 2 | 3 | 4 | 5 |
| 17. Do you concentrate on your learning when you are doing course work, either at school or at home? | 1 | 2 | 3 | 4 | 5 |
| 18. Do you avoid hurrying and making mistakes when completing homework or projects? | 1 | 2 | 3 | 4 | 5 |
| 19. Do you take advantage of extra help from teachers or classmates either before, during, or after classes? | 1 | 2 | 3 | 4 | 5 |
| 20. Do you have a regular study and homework schedule when you get home? | 1 | 2 | 3 | 4 | 5 |

SCORE

/100 points

Something to Think About (use the back of the page for your comments)

- a) Does your score relate to your grade average? Is it higher? Is it lower? What does this information indicate to you?
- b) What areas of study skills do you need to improve upon? Be specific with suggestions for improvement.
- c) Describe one or two study skills that you use that are not on the above list, but that you find useful. Be specific.